Nextcloud AIO Install with Tailscale

* Install and setup tailscale first
* Run the command sudo tailscale serve https / <http://127.0.0.1>:11000
* Edit the docker compose file to set the storage correctly
  + You don’t need to do anything with Caddy, Tailscale handles the proxy
  + You do need to comment out 80:80 and 443:443 and setup to work with a reverse proxy
* Deploy the AIO stack
* Go to the domain name from tailscale assigned to the device with 8080 at the end
  + Document the initial password
* Run though the wizard
  + At some point, I had to restart the nextcloud-aio-nextcloud container because it went into an unhealthy state
* Make sure to set a new password